

Recycling Centre

Thank you to everyone who uses the recycling centre. We received **£139.14** last quarter – every little helps towards the refurbishment of the hall. We also achieved 14th place out of the 48 sites in the Eden recycling league table.

We know you must be getting bored with the continued requests to act responsibly when you recycle but we are still finding that people are placing items in the wrong receptacles. We are grateful for your support but would once again ask that you take care not to put polythene and plastic bags in the paper and cardboard containers. When this happens the whole load has to be discarded as the contaminated paper cannot be recycled. **WE LOSE OUR PAYMENT IF A LOAD IS CONTAMINATED.** Committee members frequently have to remove household rubbish, such as shoes and bottles full of liquid, from the paper and cardboard bins too – we shouldn't have to do this.

Lastly, we must ask you not to leave any **POLYSTYRENE** lying around as it cannot be recycled. Please also note that we have started to report cases of fly-tipping to Eden District Council and will continue to do so.

Recycling Top Tips:

1. Avoid disposable batteries. Use **rechargeable** ones with a solar powered recharger.
2. Cleaning the kitchen? Use **cotton cloths** – not disposable kitchen roll.
3. Recycle your old **clothes** by donating them to your local charity shop.
4. Stop **mobile phone and printer cartridges** going to landfill – recycle them through Oxfam or Rainforest Concern.
5. Old **spectacles** can be given to high-street opticians to be donated to people around the world.

LOWTHERlink Summer 2007

Summer Fete

Where: The Parish Hall

When: 2pm until 4.30pm on Saturday 30th June

Attractions: Children's Fancy Dress (judging at 2.30pm), Afternoon Teas, Bouncy Castle, Tombola, Smash-a-Pot, Guess the Teddy's Name, Guess the Weight of the Cake and lots more!

We are also hoping to have a special appearance from the Roman Re-enactment Society!

There will be something for everyone **WHATEVER YOUR AGE!**

PLUS – The winning tickets for our grand raffle will be drawn at 4pm. Be there to pick up your prize!

Newsletter

The next newsletter will be distributed during the first week in September. Any items for inclusion should be handed to Jean Paterson by **4th August at the latest**. You can also email your stories to Jean at bill@patersonherm.freeserve.co.uk or directly to the editor, Sara Crofts, using newsletter@lowtherlink.co.uk.

Dates for your Diary:

The **Lowther Horse Driving Trials and Country Fair** take place on **3rd, 4th and 5th August**. We have two tickets up for grabs in our raffle (courtesy of the Lowther Estate).

Carpet Bowling Club – This will take its summer break after Tuesday May 29th and will resume on **Tuesday 4th September** at **7pm**. The fee is £2 per session including tea and biscuits. Come along and join us!

Please phone Joan Little (01931 712497) for details of **Wednesday Club** activities.

Lowther Parent and Toddler Group meets on **Thursday mornings** from **10am until 12pm** during term time at the Parish Hall. Just drop in or contact Sam Porter on 017683 61766.

Please come along and join the **Badminton Club** on **Monday evenings** from **7.30pm until 9.00pm**. For details call Anne Crofts on 01931 712676.

Fun'n'Fitness takes place in the Parish Hall on **Thursday evenings** from **7pm until 8pm**. Low to mid impact exercise including aerobics, salsacise and toning to 70s and 80s music. The cost is £3 per session – please bring a mat and a towel. Contact Julie on 01768 890902 for further details.

NEW CLUB: Come and join the **Ladies Netball Club** at **7.15pm** on **Wednesday** evenings on the court at the Parish Hall. Every lady in the parish is welcome. Contact Petra Russell on 712394.

Lowther Women's Institute meetings are held on the **first Wednesday** of the month in the Parish Hall at **7.15pm**. For further details contact Joan Little on 01931 712497.

We are pleased to have another new user group at the Parish Hall – the **Roman Re-enactment Society** meet on alternate Wednesdays. Contact Joseph Jackson on 712366 for further details.

Grand Raffle

Tickets for the raffle are still available. The proceeds will go towards the refurbishment of the hall. There are lots of excellent prizes including an original painting by **Godfrey Tonks**, a £50 gift voucher for **Larch Cottage**, a £50 meal voucher for the **Lowther Castle Inn**, two day passes for the **North Lakes Hotel Spa**, two day passes for **Center Parcs**, two tickets for the **Lowther Horse Driving Trials** and much more. You can buy your tickets from any Committee Member at £1 per ticket.

Please support us – you might be a winner too!

Sports Area

The sports area is provided free of charge to all those living in the parish. Anyone from outside the parish is welcome to use the facility but they are asked to pay a Family Membership Fee of £15 per year. The Corporate Fee is £100 per year. For further information please contact Anne Davidson on 01931 712430.

Did you know?

England's five highest mountains are all in Cumbria. They are: Scafell Pike 977m, Scafell 964m, Helvellyn 953m, Skiddaw 934m and Bowfell 905m.

Parish Hall News

The Lowther Parish Hall Management Committee held their Annual General Meeting on Wednesday 25th April.

Officers of the Management Committee for year 2007 – 2008

Chairman	Mr Bill Paterson (712210)
Vice Chairman	Mr John Capstick (712574)
Treasurer	Mrs Carol Parkin (712444)
Secretary	Mrs Jean Paterson (712210)
Bookings Secretary	Mrs Joan Little (712497)
Maintenance Officer	Mr Les Watson (712658)

Other members: Anne Crofts (712676), Anne Davidson (712430), Steve Forrest, John Pinder (712684), Joke Maes, Petra Russell (712394) and Roger Gill.

Lowther Parish Hall Management Committee meetings are held on the **last Wednesday of the month** in the Parish Hall at 7.30pm. All members of the parish are welcome to attend. However, if you wish a specific matter to be discussed, please notify the Secretary at least 3 days beforehand so that it can be added to the agenda. Items not on the agenda cannot be discussed.

We would like to extend a very warm welcome to the **Revd Steve McMahon** and his family. We hope that his stay in the parish will be a happy one.

A NOTE TO PARENTS ABOUT SAFTEY

You may be unaware that some of your children are climbing into the paper bins and bottle banks at the recycling centre. Whilst not wishing to stop the children from enjoying themselves we do feel that this is a dangerous activity. Serious injures are a real possibility and children should be warned of the risks.

Spring Cleaning: Any unwanted goods can be donated to our monthly car boot sale. Please contact a committee member if you require your donation to be collected.

Some websites with useful local information:

Eden District Council: www.eden.gov.uk
Tourist information for the Eden Valley: www.visiteden.co.uk
Cumbria Tourism: www.golakes.co.uk
BBC Cumbria: www.bbc.co.uk/cumbria
Travel: www.traveline-cumbria.co.uk
Cumbria Online: www.cumbriaonline.co.uk
Cumbria Directory: www.thecumbriadirectory.com
Made in Cumbria (includes details of farmers markets): www.madeincumbria.co.uk
Cumbria Rural Enterprise Agency: www.crea.co.uk
Lake District Osprey Project: www.ospreywatch.co.uk

Vandalism: Several of the parish hall windows have been broken recently. We would ask parents to take responsibility for their children's actions. **All damage has to be paid for.**



Letters to the Editor

We have just returned to our home near Penrith having spent the Bank Holiday Weekend helping the Scouts and Cubs to orienteer in the new woodland at Hackthorpe. During Saturday, Sunday and Monday 350 of our local Eden youngsters came to experience this sport.

Unfortunately their orienteering was marred by some person or persons who went into the area repeatedly and removed some of our needle punches. These were attached to the marker posts by strong nylon cord and were used by the youngsters to mark their cards to prove that they had visited the sites. After three or four visits this person or persons made sure that we lost sixteen of our punches (These come in sets of ten, which are now spoiled. They are specially imported from Sweden and are very expensive.) It is very disappointing when this sort of thing happens when so many people give so generously with their time and energy. We cannot understand why anyone would wish to spoil the orienteering for our youngsters.

Our second grumble is not new – dog dirt. It is not a pleasant task to remove it but very necessary when youngsters are involved. We hope that in future this beautiful amenity may be well used and respected by everyone.

Stan and Verena Johnston, Penrith

Note from the editor: 16,000 people are affected by toxocariasis every year. This is a disease contracted by contact with dog dirt or contaminated soil. It causes 50 cases of serious eye infection every year. Toxocara is a roundworm which lives in the faeces of dogs. Toxocara eggs are resistant to freezing and disinfectants and can survive for two years or more. **Please clean up your dog dirt!**



LOWTHER ENDOWED SCHOOL FUTURE EVENTS

The Friends of Lowther Endowed School are holding a ***Duck Race at Melkinthorpe on Sunday 10 June at 2.30pm.*** (Ducks are on sale in the school office or on the afternoon of the race. £1 per duck).

School Performance – Ossie & the Thwartz

Wednesday 27 June at 7.30pm

Thursday 28 June at 4.00pm

Friday 29 June at 2.00pm

(Entry on the door – programmes on sale)

Cycle Training for the Next Generation - Can you Help?

The Governing Body of Lowther Endowed School is seeking 2 or 3 willing volunteers to undergo training to deliver cycling proficiency training to Year 6 children.

It is expected that the training will take place at the school over one week in the summer term. The training will last 1 or 2 hours per day (a total of 6 hours over the week).

If you feel that you would like to help the school and the local community in this way please let the school office know. They will be able to provide more information once they have firm dates and details of the training. All volunteers should be willing to undergo a Criminal Records Bureau check.

Contact Nigel Eccles or Rachel Ewbank in the school office on 712344.